

## Arum Lily

*Zantedeschia aethiopica*

All parts

## Castor Oil Plant

*Ricinis communis*

Seeds

## Deadly Nightshade

*Atropa belladonna*

Berries

## Lily of the Valley

*Convallaria majalis*

All parts

## Oleander

*Nerium oleander*

All parts

## Poinsettia

*Euphorbia pulcherrima*

All parts including the sap

## Delphinium

*Delphinium x cultorum*

All parts esp. seeds

## Mushrooms

*Amanita spp. & Agaricus xanthodermus*

All parts

## White Cedar Tree

*Melia azedarach*

Fruit

## Yellow Oleander

*Thevetia spp.*

All parts

Are they in your garden?

The plants listed in this brochure are just a sample of the poisonous plants that can place a child's life at risk

For more information on plants to avoid and planting suggestions, please refer to Kidsafe NSW Grow Me Safely Web resource <https://www.kidsafensw.org/growplantssafely>

In cases of suspected poisoning you can get advice 24 hours a day from

**POISONS INFORMATION  
CENTRE  
13 11 26**

Contact us for more information:

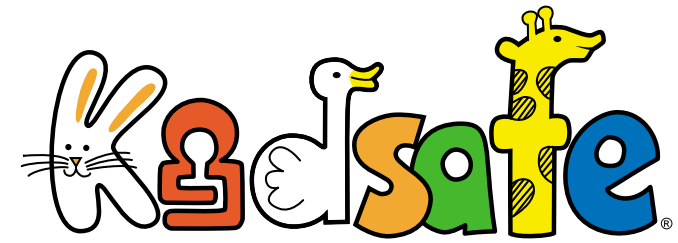


**Kidsafe New South Wales Inc**  
Kidsafe House  
Hainsworth Street  
Westmead NSW 2145  
(Locked Bag 4001 Westmead NSW 2145)

P: (02) 9845 0890

E: SCHN-Kidsafe@health.nsw.gov.au

W: kidsafensw.org



# Plants to Avoid



Many of us would never suspect that common garden plants can put a child's life in danger.

In a number of plants, only some parts are poisonous, such as the leaves, the seeds or the bulbs. In other plants, everything is poisonous.

Fortunately nature protects children to a large extent. The attractive leaves and berries in toxic plants taste vile enough to put off the most adventurous eater.

However some plants are best avoided, find out which plants in your garden are plants to avoid.

If any of these plants are in your garden remove them or keep children well away from them.



## Arum Lily

*Zantedeschia aethiopica*

All parts of these common white lilies will cause burning in the mouth if eaten. Serious illness is uncommon as the burning prevents large quantities from being consumed.

**Symptoms:** Burning mouth, skin rash.

## Castor Oil Plant

*Ricinis communis*

Only the chewed seeds are dangerous, however 2-3 seeds can cause death.

**Symptoms:** Burning mouth and throat, bloody diarrhoea 3-36 hours after ingestion, rapid and feeble pulse, muscular cramps in calves and abdomen and bluish discolouration of skin.

## Deadly Nightshade

*Atropa belladonna*

The round purple/black berries are appealing to children and highly toxic.

**Symptoms:** Dry throat, thirstiness, palpitations and flushed dry skin.



## Lily of the Valley

*Convallaria majalis*

All parts of this attractive garden plant are poisonous. The fruit are globular red berries about 12mm in diameter.

**Symptoms:** Nausea, vomiting, headache, an excessive flow of saliva and eventually heart failure.

## Oleander

*Nerium oleander*

All parts of this plant, with flowers ranging from white to pink, apricot and red, are poisonous.

**Symptoms:** Vomiting, stomach pain, blood stained faeces, dizziness, irregular heartbeat and unconsciousness. Death results from heart failure or respiratory paralysis.



## Poinsettia

*Euphorbia pulcherrima*

A popular pot plant with bright red, white or yellow leaves. Has a white, milky sap.

**Symptoms:** The sap can cause extreme irritation to the skin and eyes. All parts are poisonous if eaten and can cause severe vomiting, purging, delirium, and can lead to death.

## Delphinium

*Delphinium x cultorum*

All parts, especially the seeds of this attractive garden plant are poisonous.

**Symptoms:** Vomiting, abdominal pain, nausea, muscular spasms, potential death.

## Mushrooms

*Amanita spp. & Agaricus xanthodermus*

These fungi are very common in lawns and moist areas. All parts of the fungi are poisonous.

**Symptoms:** Severe abdominal pain, excessive thirst, vomiting, diarrhoea, lowered blood pressure.

## White Cedar Tree

*Melia azedarach*

Large trees growing to heights of 30m that produce fleshy fruit. Six to eight fruits can be fatal for children. **Symptoms:** Nausea, spasms, vomiting, diarrhoea, severe thirst, cold sweats, grinding of teeth, sleepiness, paralysis, potential death.

## Yellow Oleander

*Thevetia spp.*

All parts of this plant are poisonous, especially the kernels. One kernel can be lethal for infants.

**Symptoms:** Burning sensation in the mouth, dry throat, vomiting, diarrhoea, shortness of breath, dilated pupils, slow irregular pause and in serious cases, death.

child safety is no accident

